

FREE

Valor Health

Healthcare Education Series



Valor Health is proud to offer a *FREE* health education series with the **Alzheimer's Association, Greater Idaho Chapter**. Join us and learn more about healthy living for your brain and body

- **Alzheimer's Disease: Know the 10 Signs**
October 2nd, 3pm-4pm
- **Alzheimer's Disease: Enjoying the Holidays**
November 6th, 5pm-6pm
- **Alzheimer's Disease: Healthy Living for Your Brain & Body**
January 10th, 3pm-4pm

Location: Valor Health Community Education Classroom
1024 Fernlee Street, Emmett, Idaho 83617

For more information or to RSVP, please call Staci Carr
Valor Health Community Engagement, at (208) 901-3212
