

At Valor Health, you are more than just a number to us. That is why we created a fully developed surgical plan to help you navigate the journey before surgery, during, and after, keeping you in mind each step of the way.

## **What you can expect when you have surgery at Valor Health:**

**1. Schedule-** You have met with your doctor, and together you have determined that surgery is right for you. It is time to schedule your surgery with your Valor Health provider. Our friendly scheduling staff will work with you to find a convenient date, with most surgeries being scheduled within a couple of weeks.

**2. Education-** Our staff will make sure that you are well-informed about your upcoming procedure by sharing surgery-specific education.

**3. Day Before Call-** The day before your surgery, one of our surgical nurses will contact you to discuss the details. We will review the date and time of your procedure, answer any of your questions and confirm that all assessments have been completed.

**4. Day of Surgery-** It's GO time!

**Register-** You will check-in at the main registration counter in the Hospital the day of your surgery. When it is time, you will be escorted into our preoperative/recovery room where you will get settled.

**Speak with the Surgery Team-** You will then meet with your doctor, surgery staff, and anesthesia. They will answer any last-minute questions and prep you for your surgery.

**Surgery-** Your surgery will occur in 1 of 2 operating rooms. Since we like to focus on our patients, one at a time, we do not schedule two procedures at the same time. You will have all of our attention.

**Post-Surgery-** When you awaken, you will find yourself in the same preoperative/recovery room where you began. This allows you a better experience coming out of anesthesia, giving you a calming and familiar environment. Once you are ready, you will then be moved to our post-surgery care unit where you will stay until you are ready to go home. Before you go, we will schedule your follow up appointment, ensuring you get the proper follow-up for your recovery.

**After Surgery-** We aren't finished with you yet. We want to know how you are doing. Our surgery staff will contact you after your surgery to see how you are recovering. You also may receive a post-surgery satisfaction survey. We want to know how we did and if your experience was to our standard of excellent care.



Speak to your doctor about surgery options or call the Specialty Medicine and Surgical Clinic at (208) 365-2338 to learn more.