

Community Benefit Implementation Strategy



Valor Health
Fiscal Year 2021

I. Introduction

Valor Health is a comprehensive healthcare facility serving Gem County, Idaho.

Mission- Valor Health's mission is to improve the wellness and health of all generations in our region, today and into the future. We strive for a healthy, vibrant community earning trust with integrity and compassionate service, honoring the individual dignity of each person we serve.

Vision- Our extraordinary focus on the individual is how we define wellness and healthcare. We earn trust and ensure peace of mind through high quality, compassionate care.

II. Purpose

This Implementation Plan addresses the community health needs identified in the 2020 Community Health Needs Assessment (CHNA) prepared for by United Way of Treasure Valley, including Gem County. This CHNA guides Valor Health's goals and objectives for providing community benefits. The Plan also meets the requirements for community benefit planning as set forth in federal law.

https://www.unitedwaytv.org/sites/unitedwaytv.org/files/ForWeb-2020_UW%20Community%20Assessment_0708.pdf

III. How the Implementation Plan Was Developed

This Implementation Plan was developed based on the findings established in the Community Health Needs Assessment (CHNA) and in accordance with federal law.

IV. Community Health Needs

The Community Health Needs Assessment identified many priority health needs. Valor Health will provide community benefit in many areas, but with focus on three categories.

- Healthcare- Access
- Healthcare- Food Security
- Healthcare- Behavioral Health

V. What Valor Health Will Do To Address Priority Needs

Valor Health is proud to continue its tradition of providing quality healthcare, close to home. Along with the specific programs detailed below, Valor Health will work diligently to meet community needs by offering a wide range of healthcare services, resources and outreach across Gem County.

1. Healthcare- Access

Access to quality healthcare has a major impact on an individual's quality of life and overall health. Many people face barriers that prevent or limit access to needed healthcare services, which may increase the risk of poor health outcomes and health disparities. Barriers to healthcare in the Treasure Valley included limited services, lack of awareness of services, cost, and insurance coverage. Providing better access to healthcare will improve the health of the entire community (United Way CHNA, 46). This is especially true for those who have chronic conditions.

Implementation- Valor Health is working to expand access to comprehensive, quality healthcare services for individuals in Gem County and will implement the following strategies in addressing access to care:

- Continue to provide access to care through 24/7 Emergency Department.
- Continue to provide obstetrics care and education in rural setting.
- Provide cohesive care management through a Patient Centered Medical Home.
- Continue to provide health education and preventive screenings to community members.
- Increase primary care access by recruiting a primary care provider.
- Leverage technology to increase access.
- Educate our community on service availability and access.

2. **Healthcare- Nutrition and Food Insecurity**

Access to nutritious food is a staple to overall good health. Within the Treasure Valley, Gem County has the highest percentage of food-insecure residents. Food insecurity is the lack of financial resources to get enough food (65). Valor Health works with many partners, including the school district, recreation district, health coalitions, and food pantry to address this need and increase access to nutritious food in our community.

Implementation- Valor Health will work to reduce the number of community members afflicted by food insecurity, focused on children and the elderly, and increase access to nutritional food by implementing the following strategies:

- Continue to participate in partnerships focused on addressing nutrition and food security within the community.
- Provide resources and aide to programs focused on providing access to nutritional food.
- Provide nutrition education and resources to community members.

3. **Healthcare- Behavior Health**

Gem County has seen an increased need for behavioral health access and resources. Behavioral health issues affect people's ability to participate in health-promoting behaviors, and thus affect their ability to maintain good physical health. The relationship between behavioral health and physical health is bidirectional. Issues with physical health, such as chronic diseases, can have serious impacts on behavioral health and decrease a person's ability to participate in treatment and recovery. Behavioral health can also impact other areas of life, including attending and focusing at school, obtaining and maintaining a job, finding and keeping housing, and having relationships with friends and family (58).

Implementation- Valor Health will work to increase behavioral health resources by implementing the following strategies:

- Provide behavioral health services through the primary care clinic.
- Provide educational resources and increase engagement in schools.
- Continue to participate in partnerships focused on addressing suicide and mental illness.