

Community Benefit Implementation Plan



Valor Health
Fiscal Year 2022

I. Introduction

Valor Health is a comprehensive healthcare system serving Gem County, Idaho. **Valor Health's Mission** is to improve the wellness and health of all generations in our region, today and into the future. We strive for a healthy, vibrant community earning trust with integrity and compassionate service, honoring the individual dignity of each person we serve.

Vision- Our extraordinary focus on the individual is how we define wellness and healthcare. We earn trust and ensure peace of mind through high quality, compassionate care.

II. Purpose of Community Benefit Implementation Plan

This Implementation Plan addresses the community health needs identified in the 2020 Community Health Needs Assessment (CHNA) prepared for by United Way of Treasure Valley, including Gem County. This CHNA guides Valor Health's goals and objectives for providing community benefits. The Plan also meets the requirements for community benefit planning as set forth in federal law.

https://www.unitedwaytv.org/sites/unitedwaytv.org/files/ForWeb-2020_UW%20Community%20Assessment_0708.pdf

III. How the Implementation Plan Was Developed

This Implementation Plan was developed based on the findings established in the Community Health Needs Assessment (CHNA) and in accordance with federal law.

IV. Community Health Needs

The Community Health Needs Assessment identified many priority health needs. Valor Health will provide community benefit in many areas, but with focus on three categories.

- Healthcare- Increased Access to Healthcare PG 45
- Healthcare- Healthy Weight (Physical Activity, Nutrition, Food Security) PG 60
- Healthcare- Behavioral Health (Mental Illness and Substance Use PG 53

V. What Valor Health Will Do To Address Priority Needs

Valor Health is proud to continue its tradition of providing quality healthcare, close to home. Valor Health will work diligently to meet community needs by offering a wide range of healthcare services, resources and outreach across Gem County.

Healthcare- Increased Access

Access to quality healthcare has a major impact on an individual's quality of life and overall health. Many people face barriers that prevent or limit access to needed healthcare services, which may increase the risk of poor health outcomes and health disparities. Barriers to healthcare in the Treasure Valley included limited services, lack of awareness of services, cost, and insurance coverage. Providing better access to healthcare will improve the health of the entire community (United Way CHNA, 46). This is especially true for those who have chronic conditions.

Healthcare- Physical Activity, Nutrition, and Food Insecurity

Being active and having access to nutritious food leads to overall good health. Physical activity is essential to physical and mental well-being and is fundamental to healthy weight. Food insecurity is the lack of financial resources to get enough food or access to healthy food (65). Gem County has the highest percentage of food-insecure residents in our district and a high obesity rate among children and adults.

Healthcare- Behavior Health

Gem County has seen an increased need for behavioral health access and resources. Behavioral health issues affect people's ability to participate in health-promoting behaviors, and thus affect their ability to maintain good physical health. The relationship between behavioral health and physical health is bidirectional. Issues with physical health, such as chronic diseases, can have serious impacts on behavioral health and decrease a person's ability to participate in treatment and recovery. Behavioral health can also impact other areas of life, including attending and focusing at school, obtaining and maintaining a job, finding and keeping housing, and having relationships with friends and family (58).

IMPLEMENTATION-

- **Valor Health will expand access to comprehensive, quality healthcare services for individuals in Gem County.**
- **Valor Health will work to foster healthy behaviors in our community, by increasing an awareness of resources focused on health, physical activity and nutrition.**
- **Valor Health will increase behavioral health resources and education.**

TACTICS INCLUDE:

Provide access to care through 24/7 Emergency Department.

Provide obstetrics care and education in rural setting.

Provide cohesive care management through a Patient Centered Medical Home. Provide health education and preventive screenings to community members. Increase primary care access-- additional clinic location and recruitment.

Increase specialty care access by building relationships with visiting specialists. Educate our community on service availability and access.

Provide behavioral health services through the primary care clinic.

Provide educational resources and increase engagement in schools.

Participate in partnerships focused on addressing suicide and mental illness.

Support and Sponsor Emmett High School GEAR UP Program- focused on healthy behaviors, physical activity, mental health, nutrition, daily habits.

Develop and Implement a community resource guide with resources to help address nutrition and physical activity.

Provide Nutrition and Health Education and resources to community members. Sponsor and Support health programs within our community.