

Community Benefit Implementation Plan



Valor Health
Fiscal Year 2023

I. Introduction

Valor Health is a comprehensive healthcare system serving Gem County, Idaho. **Valor Health's Mission** is to improve the wellness and health of all generations in our region, today and into the future. We strive for a healthy, vibrant community earning trust with integrity and compassionate service, honoring the individual dignity of each person we serve.

Vision- Our extraordinary focus on the individual is how we define wellness and healthcare. We earn trust and ensure peace of mind through high quality, compassionate care.

II. Purpose of Community Benefit Implementation Plan

This Implementation Plan addresses the community health needs identified in the 2020 Community Health Needs Assessment (CHNA) prepared for by United Way of Treasure Valley, including Gem County. This CHNA guides Valor Health's goals and objectives for providing community benefits. The Plan also meets the requirements for community benefit planning as set forth in federal law.

https://www.unitedwaytv.org/sites/unitedwaytv.org/files/ForWeb-2020_UW%20Community%20Assessment_0708.pdf

III. How the Implementation Plan Was Developed

This Implementation Plan was developed based on the findings established in the Community Health Needs Assessment (CHNA) and in accordance with federal law.

IV. Community Health Needs

The Community Health Needs Assessment identifies many priority health needs for Gem County. Valor Health supports community benefit focused on social determinants of health. Areas of greatest influence and focus include:

- Affordable Healthcare
- Quality Healthcare
- Health Education
- Community Engagement
- Behavioral health
- Nutrition

What Valor Health Will Do To Address Priority Needs

Valor Health is proud to continue its tradition of providing quality healthcare, close to home. Valor Health will work diligently to meet community needs by offering a wide range of healthcare services, resources, and outreach across Gem County. Many people face barriers that prevent or limit access to needed healthcare services, which may increase the risk of poor health outcomes and health disparities. Valor Health will provide benefit, with focus on these areas:

Affordable & Quality Healthcare

Access to affordable and quality healthcare has a major impact on an individual's quality of life and overall health. Providing better access to healthcare will improve the health of the entire community.

Health Education

Education and community-based programs play a key role in preventing disease and injury, improving health, and enhancing quality of life.

Community Engagement

Creating partnerships and addressing community needs in collaboration leads to better health outcomes- connecting and building dynamic relationships between community members and the environment in which they live.

Behavior Health

Behavioral health issues affect people's ability to participate in health-promoting behaviors, and thus affect their ability to maintain good physical health. The relationship between behavioral health and physical health is bidirectional.

Nutrition

Gem County has the highest percentage of food-insecure residents in our district and a high obesity rate among children and adults. Access to physical activity and nutritious foods is essential to physical and mental well-being and is fundamental to healthy weight.

Implementation-

- **Valor Health will expand access to comprehensive, quality, and affordable healthcare services for individuals in Gem County.**
- **Valor Health will provide education and resources to patients, staff, partners, and the community-at-large- to increase health awareness and health outcomes.**
- **Valor Health will create meaningful relationships with community partners to build health initiatives focused on identified needs.**
- **Valor Health will work to foster healthy behaviors in our community, by increasing an awareness of resources focused on health, physical activity and nutrition.**
- **Valor Health will expand access to behavioral health resources, as well as providing education and partnership.**

Valor Health activities to support the Community Benefit Program-

- Provide access to care through 24/7 Emergency Department, including trauma certification
- Provide obstetrics care and education in rural setting
- Recruit a pediatrician for Family Medicine in an underserved area
- Provide cohesive care management through a Patient Centered Medical Home
- Provide health education and preventive screenings to community members
- Increase primary care access by opening an additional clinic location
- Increase specialty care access by building relationships with visiting specialists
- Educate our community on service availability and access
- Provide behavioral health services through the primary care clinic
- Provide educational resources and increase engagement in schools
- Participate in partnerships focused on addressing healthy behaviors, physical activity, mental health, nutrition, and daily habits